



**Speech  
Occupational  
Physical Therapy  
Services for children,  
youth, and young adults  
age birth to 21 years**

# Transition Therapy

*A clinical therapy approach for youth and young adults who have completed preliminary goals and are transitioning in preparation for job training and job placement*

**WHO:** Youth and young adults ages 17-21 with a disability/special need interested in a job and independent living

## **JOB TRAINING & JOB PLACEMENT:**

Time management, Multistep directions, Job skill training, Communication/Social skills, Dress etiquette, and Money management

**OUTCOMES:** Application completion, Resume assistance, Interview skills, and Job/Employment exploration

## **TYPES:**

- Group supported employment
- Individual supported employment
- Independent employment

## **INDEPENDENT LIVING SKILLS:**

Money management, Executive function skills, Safety, and Travel skills

**OUTCOMES:** Budgeting and bill pay, Meal planning, Grocery shopping, and Public transportation



*Pictured: Emily, Occupational Therapist, works with a youth to meal plan using a list, money, and calculator to understand goals and outcomes of necessary grocery shopping.*

***We are looking forward to working alongside our young adults as they reach their full potential to transition into, and become a part of the community.***

**To setup  
a transition  
appointment, call  
our Waco clinic:**

**254-399-8255**

*Must be between the ages  
of 17 to 21 years old.*