



GET TO KNOW YOUR THERAPIST

STEPHANIE ALDRIDGE

Occupational Therapist, DOT, OTR

Stephanie earned her Bachelor of Education in Exercise Science & Human Health Performance from the University of Memphis in 2011. She earned her Master of Occupational Therapy from University of St. Augustine in 2013 and her Doctor of Occupational Therapy in 2020 with a focus in pediatrics. She also holds certifications in Level I Hippotherapy, interactive Metronome, Sabeo, ImPACT Concussion Management, and VitalStim.

Stephanie's mission is helping children become more independent and helping families find relief from difficult times and situations.

Stephanie enjoys spending time with her husband and two children and many pets in outdoor activities (fishing, horse riding, hunting, camping), and traveling. She helps run a non-profit organization, *JMB Fishing Foundation*, which provides lasting memories for kids with special needs and terminal illnesses. Stephanie has trained a certified therapy dog, Minnow, who can be found at many events and around the clinic.

Her favorite scripture is, *"All the forces of darkness cannot stop what God has ordained."* Isaiah 14:27