



GET TO KNOW YOUR THERAPIST

STEPHANIE ALDRIDGE

Occupational Therapist, MOT, OTR

Stephanie earned her Bachelors of Education in Exercise Science and Human Health Performance from the University of Memphis in 2011. She earned her Master of Occupational Therapy from University of St. Augustine in 2013 and also holds certifications in Level I Hippotherapy, and Interactive Metronome.

Stephanie's mission is helping children become more independent and helping families find relief from difficult times and situations.

Stephanie enjoys spending time with her husband and two children and many pets, outdoor activities (jeep riding, fishing, horse riding, hunting, camping), traveling and crafting.

Her favorite scripture is, *"All the forces of darkness cannot stop what God has ordained."* Isaiah 14:27



A JOURNEY OF HOPE AND HEALING